

# OFFERINGS

## BIOFIELD TUNING

Vibrational therapy, using tuning forks shift energetic blockages to create greater balance, wellness & flow & alignment in mind, body & spirit.

## REIKI I AND II

Reiki I involves Hands-on healing that activates the body's ability to heal itself in mind, body & spirit. Reiki II is known as Absent Healing & is the practice of sending Reiki healing energy via distance.

## BIO-MAT ACTIVATION

Utilising Far Infrared Rays (FIR) & negative ions for accelerated cellular repair & rejuvenation.

## ANGEL MEDIUMSHIP

Connect with the Angelic realm to bring through guidance & support.








# ABOUT ME

**In all sessions, Kerri works intuitively, guided by her team, and is driven by seeking the greatest outcome that is in alignment with the highest timeline for her clients.**

**Kerri has been practicing Reiki, Pellowah and Sound Healing with tuning forks for friends and family over the last 10 or so years. In 2022 she developed a relationship with her Angelic team and was guided to take the plunge into offering her services professionally. This only came about after much shadow work (forever on ongoing process!) and leaning into finally allowing herself to be seen and to radiate her light and driven by her desire to help others to radiate their light too.**



## CONTACT

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-  please visit the website for pricing

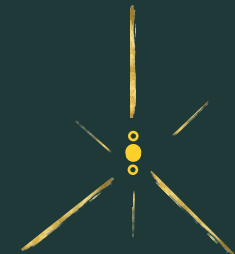
Please note: pregnancy, cancer, pacemakers and severe illness, concussion or broken bones within the last 6 months are contraindicated in some therapies. Please call or email to discuss prior to booking.

Ebb + Flow

Vibrational Therapies

We are all Energy  
Our natural state is to live  
in Flow

Flow < Radiate ...



## BIOFIELD TUNING

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Biofield Tuning uses sound & vibration to help bring the body back into balance, reduce stress & response to triggers & calms the nervous system, supporting the body to heal itself. It can help people to feel more joy, energy, relaxation, greater sense of peace & sense of self and empowerment.

Throughout our human experience we emit what scientists have coined as "biophotons" that flow through our energy field /aura or biofield that surrounds our physical body. When we have an experience that is deemed as not so positive, like stress, illness, trauma, injury, those biophotons get "stuck" out in our energy field and the flow is hindered, causing a resistance in our field, which results in dissonant frequency patterns. Over time, these areas of resistance can create patterns of self-limiting beliefs & behaviours (like guilt, shame, powerlessness, addictions, self-sabotage etc) that permeate the way we interact with the world. These ideas also shape how we interact with others & may result in dis-ease & pain in the body.

Biofield Tuning uses coherent tones produced by tuning forks both on the body & within the body's surrounding electrical field (the biofield) to find & release areas of disharmony. Tuning forks provide electrical feedback to the body, assisting the body to resolve energetic dissonance & to "retune" itself.

This helps the receiver to shift emotional blockages & thoughts, beliefs or patterns that do not serve their highest good, bringing more clarity, less triggers, & a shift from flight, fright, freeze mode. Ultimately, this creates greater balance, wellness and flow and alignment in mind, body and spirit.

**Biofield Tuning techniques can include Scar Work, Tuning the Organs or Bodily Systems (skeletal, muscular, nervous, endocrine, cardiovascular, lymphatic, respiratory, digestive, urinary, and the reproductive system) and Sonic Massage.**



## BIO-MAT THERAPY

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**The Biomat® converts electricity into Far Infrared Rays (FIR) & produces negative ions, penetrating 6-8 inches into the the body, to accelerate detoxification, cellular repair, and regeneration. Strips of Amethyst and Black Tourmaline crystals, natural conductors of FIR light waves, cover the entire surface of the Biomat, assisting with the healing. The Quantum Energy Pad sits atop the BioMat. The Pad is a tourmaline embedded fabric that consists of more than 18 types of plant-derived substances that emit powerful infrared rays.**

**As FIR are radiated into the body, the organic molecules and cells heat up, vibrate and expand. In turn, blood vessels, capillaries, nerve endings and cell structures expand, removing blockages and creating better communication between the brain, the autonomic and sympathetic nervous systems and all organs of the body. This balances and stabilizes the bodies systems and strengthens the body's own self-healing power. The result is accelerated detoxification, cellular repair, and regeneration, leading to faster healing and rejuvenation.**

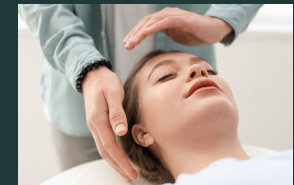
## REIKI I & II

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Reiki is Universal Life Energy. Reiki is two Japanese words: "Rei" means universal life and "ki" means energy or power.

Energy can stagnate in the body following emotional pain or trauma or through physical injury and over time these energy blocks can develop into physical manifestations as illness or self-limiting beliefs, fears or blocks. Reiki works with the innate part of ourselves that knows what needs to be healed, thereby by-passing the symptoms and activating the self healing to take place at the root of the problem.

Reiki I is 'hands-on' healing & takes place in person, while Reiki II takes place via distance using a proxy, and involves bringing through guidance from the client's higher self.



## ANGEL MEDIUMSHIP

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Bringing through Angel messages is unlike being a psychic. Angels do not predict the future and will not tell you "what to do" about a certain situation. Instead, they offer guidance on the topics you wish to explore, on what may help you achieve your goals, how best to support your mission and what different timelines may look like. Sessions can be done in person, via email or online via zoom.